

Along streams, up hills, between trees.  
Follow The Outdoor City Run Routes and  
explore the greenest city on foot.

# THE OUTDOOR CITY RUN ROUTES



## Bradfield to Damflask – A reservoir run at Agden and Damflask

Provided by:



Supported by:



For more information on this and other  
running routes:

[www.theoutdoorcity.co.uk](http://www.theoutdoorcity.co.uk)  
#findyourpace



Starting at the car park on The Sands in Low Bradfield, this picturesque route circles two of the area's four reservoirs.

Watch out for slippery stone slabs and traffic before turning onto the path alongside Agden reservoir. Follow the path through the trees, taking care in muddy and narrow places, and enjoy the view across the reservoir and out into the valley.



Cross back through the village of Low Bradfield and join the track that borders Damflask reservoir, which takes its name from a village that stood here until it was washed away by the Great Sheffield Flood of 1864. Cross the dam wall, before turning left to return into Low Bradfield.



## DISTANCE

5KM

10KM

## DIFFICULTY

MEDIUM

HARD

## TERRAIN

Mix of road, well surfaced paths, narrow uneven paths which can be muddy

## FACILITIES

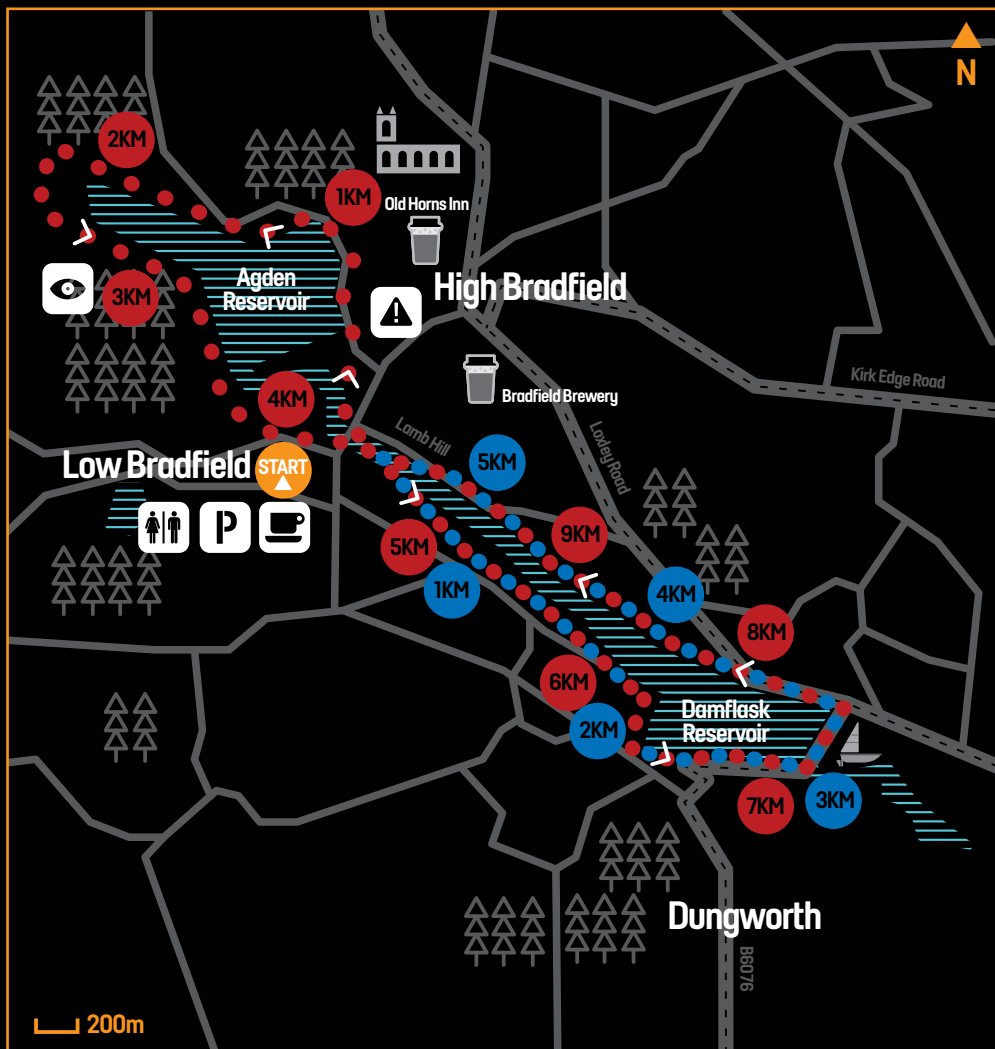


## LOCATION

S6 6LB

## GPX LINK

[http://gb.mapometer.com/running/route\\_4259788.html](http://gb.mapometer.com/running/route_4259788.html)



### FIND YOUR PACE IN THE OUTDOOR CITY

There are currently seven run routes signposted and mapped Explore Sheffield by seeking The Outdoor City Run Routes we've marked in parks and woodland across the city. We've colour coded them so that whatever your pace you can choose trails that suit **Easy**, **Medium**, **Hard** and **Challenging**. You'll soon find that every route gives you a different experience whether you choose to walk or run – it's all about finding your pace.

**Bradfield to Damflask** 5KM 10KM

**Concord & Woolley Wood** 2.5KM 4KM

**Ecclesall Wood** 4KM

**Graves Park** 2.5KM 4KM

**Lowfield** 355m

**Manor Fields Park** 1.6KM

**The Ponderosa & Crookes Valley** 1KM 3KM

